

	00	15	30	45
12am				
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12pm				
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				

## Zero Balance Time Budget

Activity	Time Allotted	1440 minutes
Bible Study	30	1410
Work / School		
Housework / Homework		
Breakfast		
Lunch		
Dinner		
Cooking		
Entertainment		
Sleep		
		Time Left: 0